

**53rd Research Review Conference
USDA ARS Soft Wheat Quality Lab
Wooster OH March 22, 2006**

COOKIE vs CRACKER BAKING -- WHAT'S THE DIFFERENCE ?

**FLOUR FUNCTIONALITY REQUIREMENTS
EXPLORED BY SRC AND ALVEOGRAPHY**

**Louise Slade and Harry Levine (retired) -- Food Polymer Science
Meera Kweon -- USDA ARS Wooster OH Soft Wheat Quality Lab
Diane Gannon -- Kraft-Nabisco Toledo OH Flour Mill**

PRODUCT CATEGORIES ILLUSTRATE FORMULA **DESIGN**

THE **SAME FLOUR** CAN BE USED TO MAKE VERY **DIFFERENT PRODUCTS** BY CONTROLLING SUGAR LEVEL, WATER LEVEL, AND WATER TEMPERATURE
OR

DIFFERENT FLOURS CAN BE USED TO MAKE THE **SAME PRODUCT** BY CONTROLLING SUGAR LEVEL, WATER LEVEL, AND WATER TEMPERATURE

Oreo	High sugar	Hot water temperature	Low water level
HMG	Medium sugar	Hotter water temperature	”
Ritz	Low sugar	Hotter water temperature	”
Premium	No/low sugar	Medium water temperature	Low water level
Maria	Med/low sugar	Hottest water temperature	”
CA!	Med sugar	Cold water temperature	”
Chewy*	High sugar	Cold water temperature	”
Cake*	High sugar	Cold water temperature	High water level
Wafers	No/low sugar	Cold water temperature	High water level

* Benefit from “bleached flour”, chlorinated to pH 4.6

HOW TO DESCRIBE THE FUNCTIONALITY OF SUGAR AND WATER IN THE FORMULA

THE INDIVIDUAL LEVELS OF SUGARS AND WATER ARE ***NOT*** PREDICTIVE, BECAUSE THE SUGARS DISSOLVE IN THE WATER AT VARYING RATES TO VARYING EXTENTS AT EACH TIME POINT IN THE PROCESS, DEPENDING ON SOLUBILITY, PARTICLE SIZE, INITIAL WATER TEMPERATURE, AND OVEN/PRODUCT PROFILE.

TS = **Total Solvent** => **Controls CREEP**
= Total Syrup = Sum of Sugars + Water

% S = **Solvent Concentration** => **Controls COLLAPSE,**
via gluten development and starch gelatinization/pasting
= Concentration of Syrup Made by Sugars + Water
= Sugars / (Sum of Sugars + Water)
= Sugars/TS

S/W = **Sugar/Water Ratio** (alternative for concentration)
= Ratio of Sugars to Water

PRODUCT CATEGORIES ILLUSTRATE FORMULA **DESIGN**

THE **SAME FLOUR** CAN BE USED TO MAKE VERY **DIFFERENT PRODUCTS** BY CONTROLLING SUGAR LEVEL, WATER LEVEL, AND WATER TEMPERATURE
OR

DIFFERENT FLOURS CAN BE USED TO MAKE THE **SAME PRODUCT** BY CONTROLLING SUGAR LEVEL, WATER LEVEL, AND WATER TEMPERATURE

ALL low water level

Rotary mold cookie AACC 10-50D	High sugar High sugar	Hot water temperature Room temperature water	74-80 %S
<i>Graham cracker *</i>	Medium sugar	Hotter water temperature	62-66 %S
Rich snack cracker	Low sugar	Hotter water temperature	~ 25 %S
Lean cracker	No/low sugar	Medium water temperature	~ 0 %S
AACC 10-53 Wire-cut cookie	Medium sugar Medium sugar	Room temperature water Cold water temperature	~ 67 %S

* *Cookie/Cracker Dilemma*

Test Baking Research

Rationale

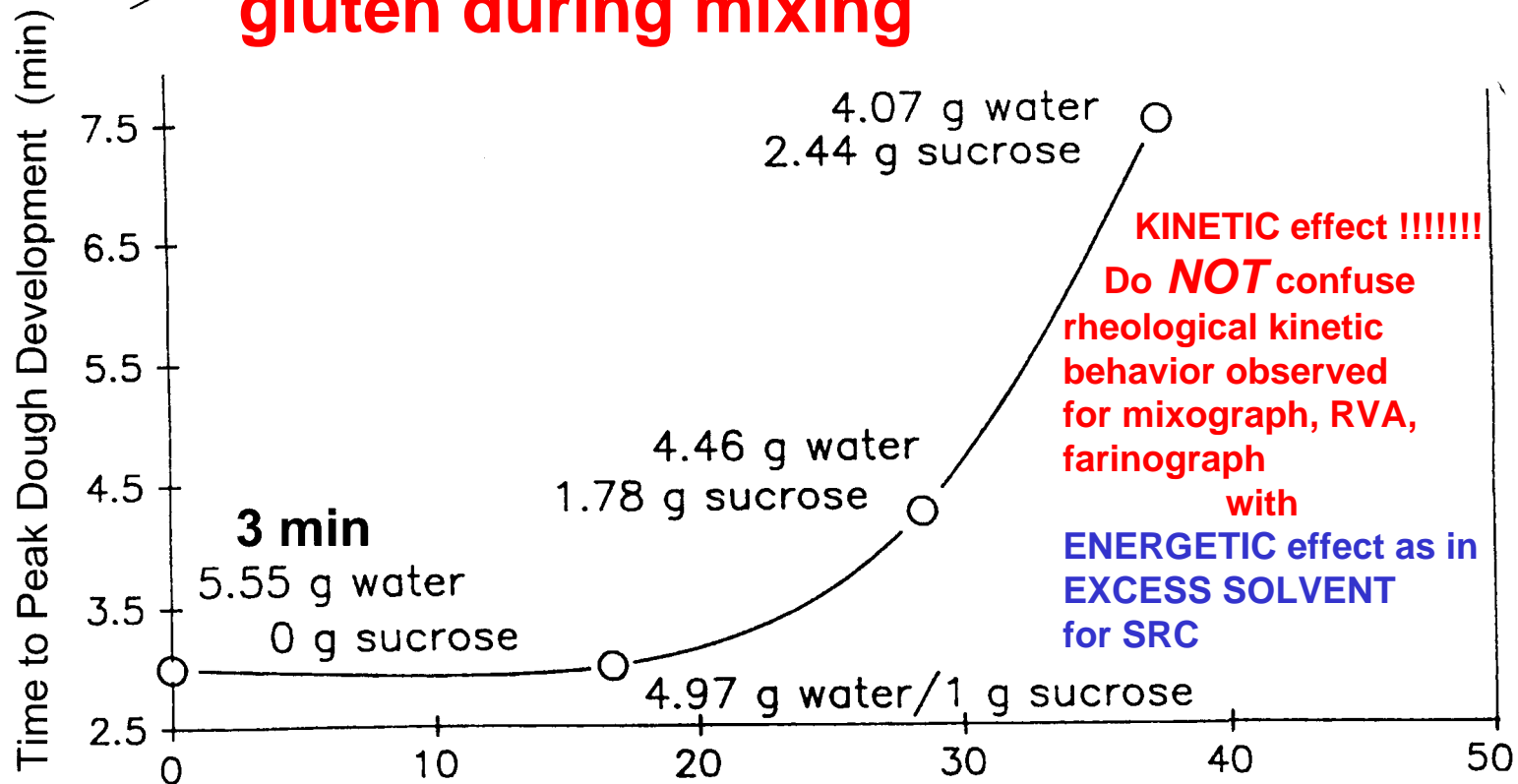
18 min

Mixograph

50 w%

**Effect of sucrose on
gluten during mixing**

3.38 g water ●
3.38 g sucrose //



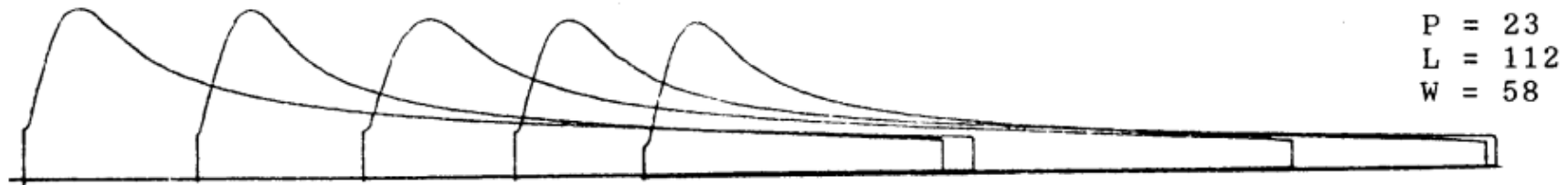
Sucrose weight % in Constant Volume (5.5 ml solution) with 5 g Climax Flour

One Sugar Type: Different Concentrations

TOO MUCH SUGAR IN A FORMULA MAKES A FLOUR LOOK “WEAK”

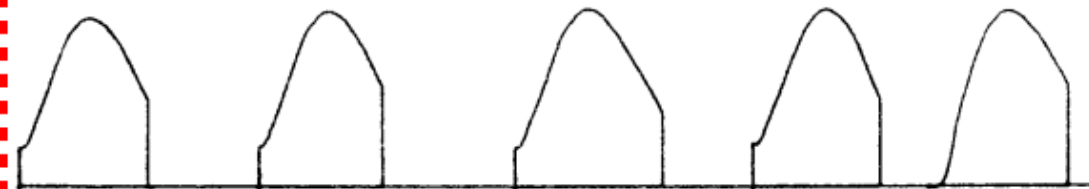
Standard alveogram for Ohio SRW flour

SOLVENT - standard 2.5% NaCl solution



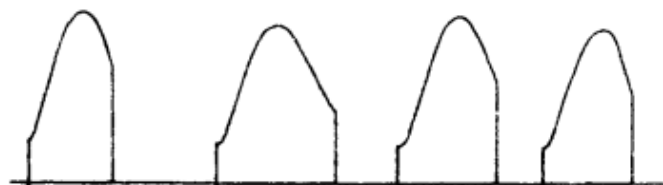
When Sugar Concentration > 30%, gluten cannot develop in normal mixing time

SOLVENT - 50 wt % sucrose/water



Because gluten cannot develop, there is no effect of protease

SOLVENT - 50 wt % sucrose/water + protease (.00154% fw)



P = 21
L = 12
W = 10

**CAUTION! Do NOT
compare SRC
to rheology for
sucrose solvent !!!**

Test Baking Research

Rationale

74-80%

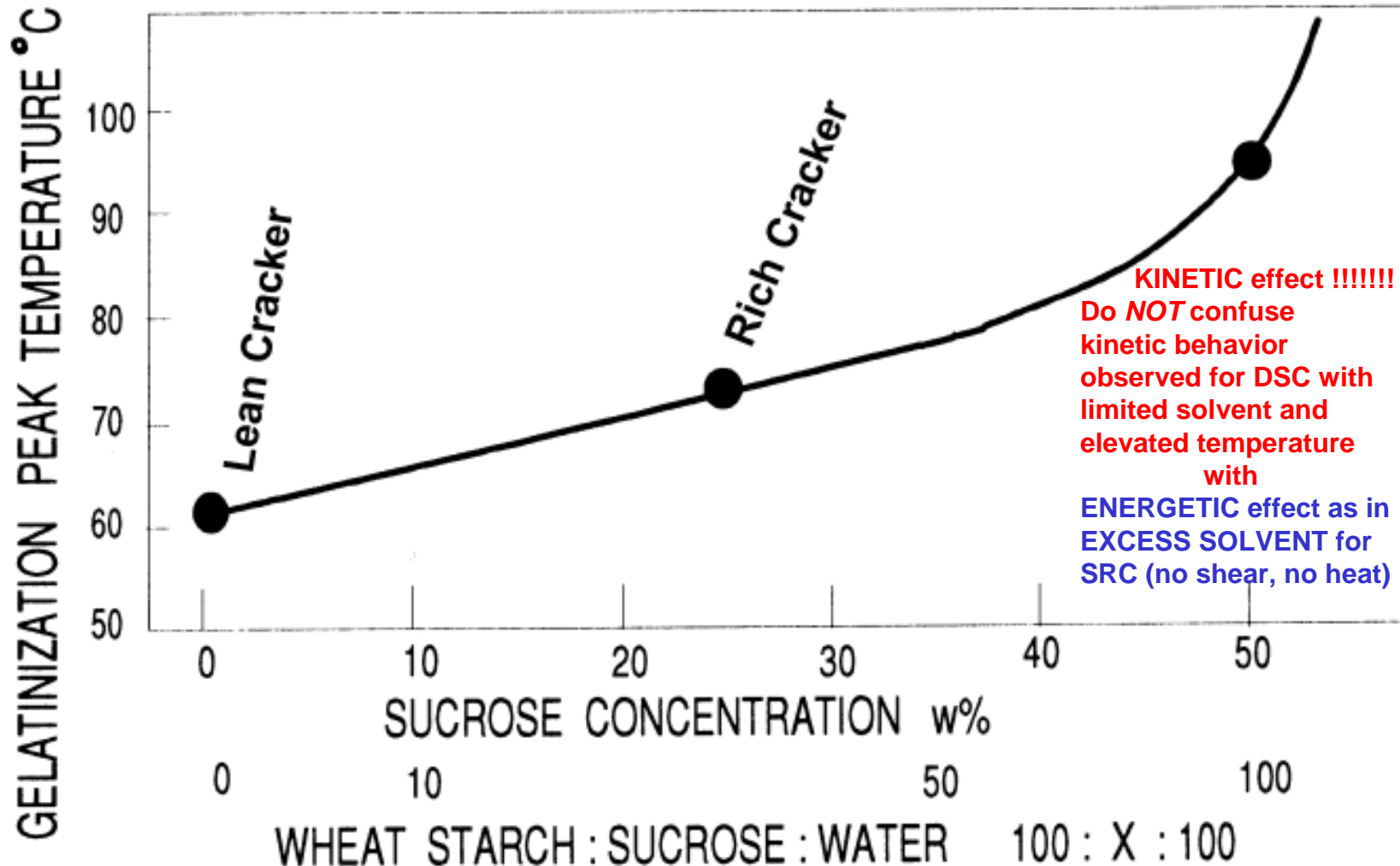
Sugar Snap Cookie

Wire-cut Cookie ~ 67%

Graham cracker 62-66%

**Effect of sucrose on
starch during baking**

DSC



RAW COOKIE/CRACKER FLOUR
100% NATIVE AMYLOPECTIN
100% NATIVE AMYLOSE-LIPID

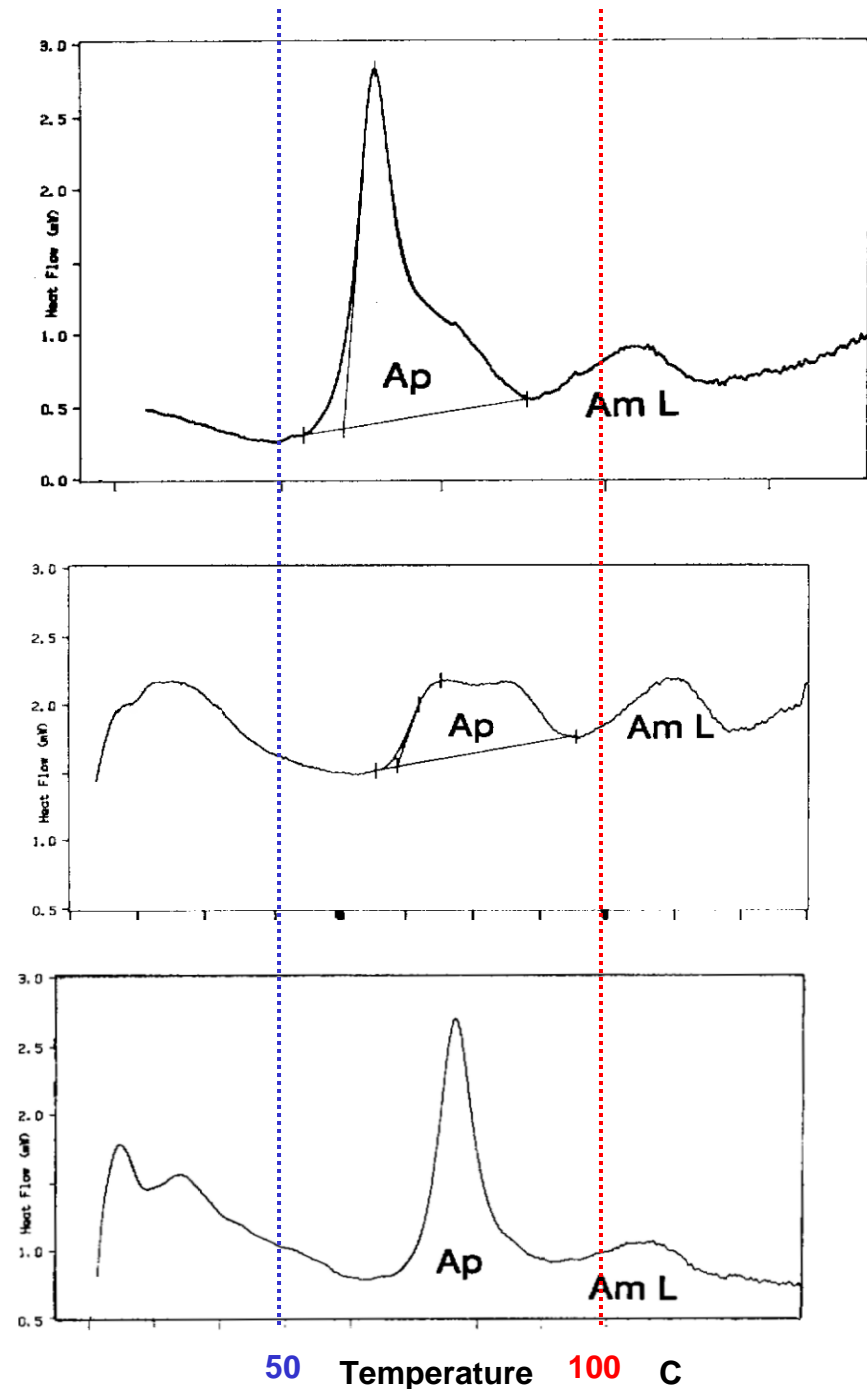
DIAGNOSTIC DSC PROFILES

**SHOW EFFECT OF SUGAR
CONCENTRATION %S ON
STARCH GELATINIZATION
DURING BAKING**

BAKED LEAN CRACKER
40% NATIVE AMYLOPECTIN
120% NATIVE AMYLOSE-LIPID

BAKED ROTARY MOLD COOKIE
100% NATIVE AMYLOPECTIN
100% NATIVE AMYLOSE-LIPID

**VERY HIGH %S PREVENTS STARCH
GELATINIZATION DURING OPTIMUM
BAKING TIME**



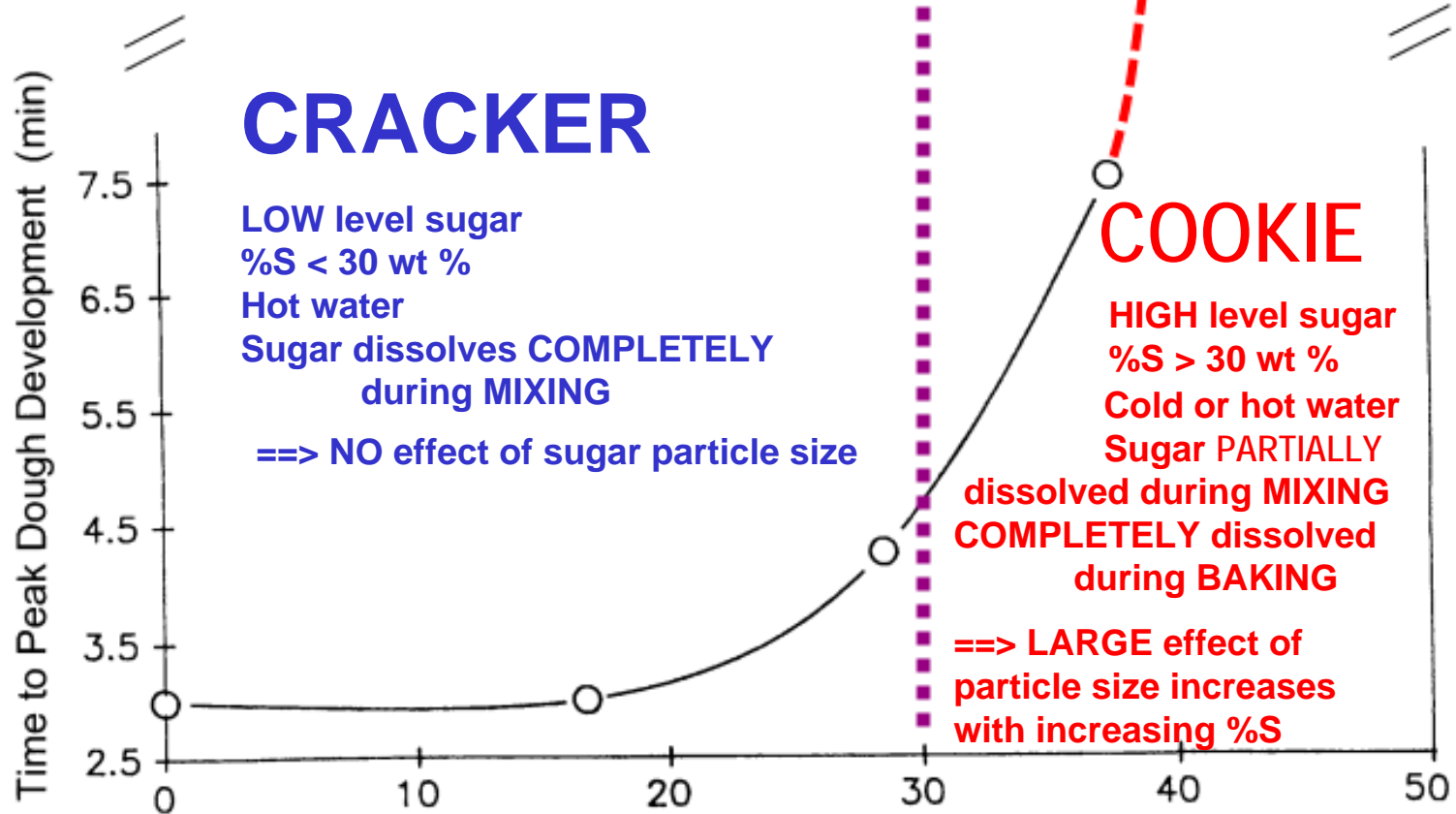
DEFINE CRACKER vs COOKIE BY ~ 30 %S

Mixograph

Effect of sucrose on
gluten during mixing

18 min

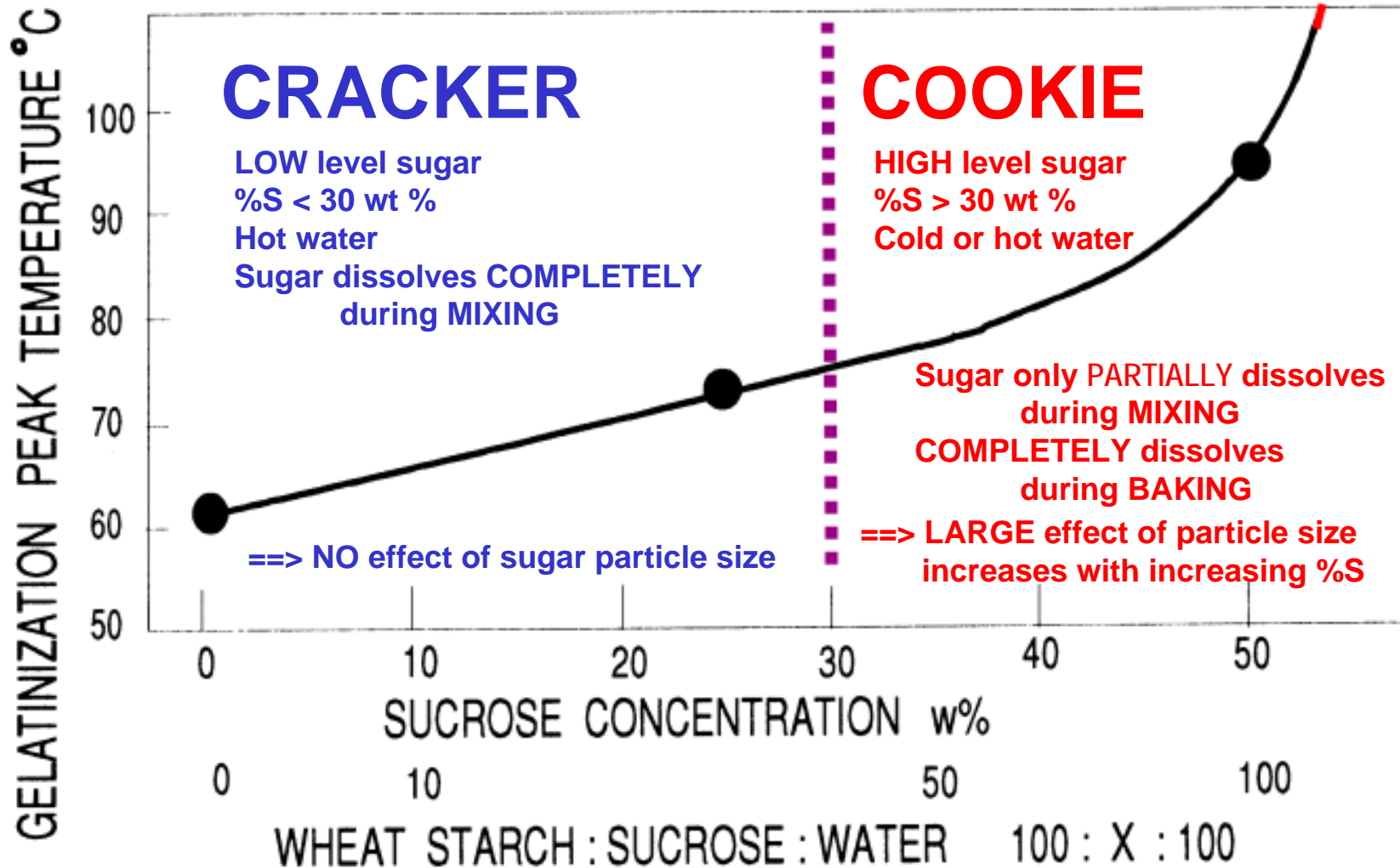
50 w%



Sucrose weight % in Constant Volume (5.5 ml solution) with 5 g Climax Flour

DEFINE CRACKER vs COOKIE BY ~ 30 %S

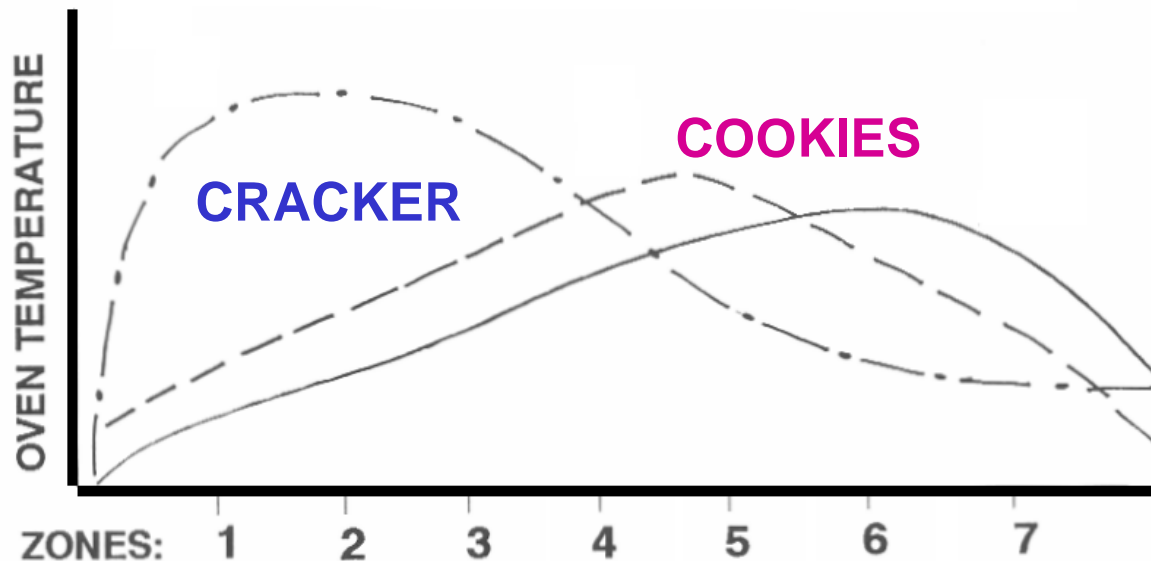
DSC Effect of sucrose on starch during baking



OVEN PROFILES AND BAKING REACTIONS

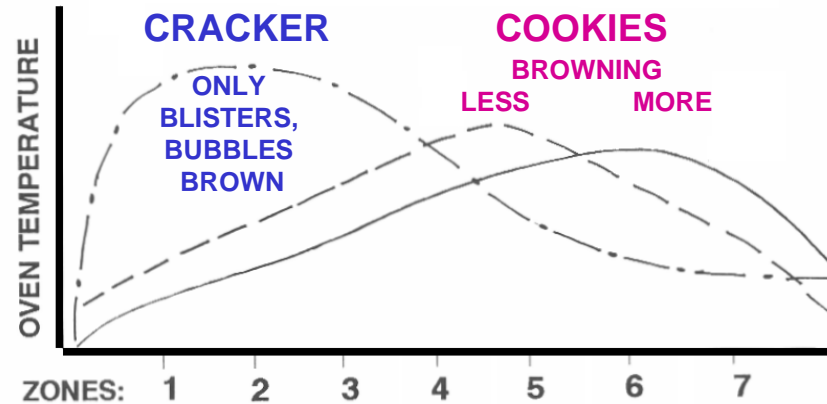


* When properly used for biscuit baking, ALL of of the ammonium bicarbonate should be completely volatilized before browning reactions are initiated !



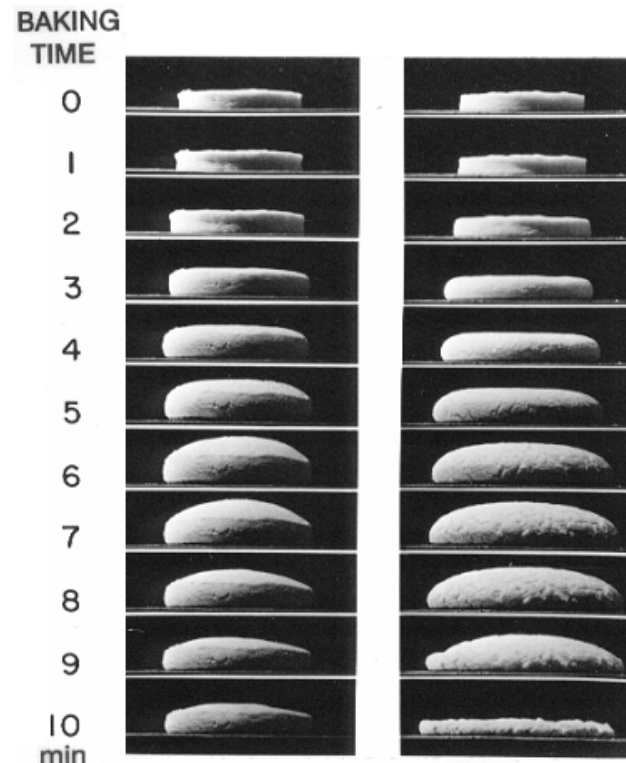
OVEN PROFILES AND BISCUIT CATEGORY BAKING

ANIMAL CRACKER
BAKED AS A
CRACKER
ACRYLAMIDE
70 ppb



ANIMAL CRACKER
BAKED AS A
COOKIE
ACRYLAMIDE
430 ppb

CRACKER
BAKING
MECHANISM



COOKIE
BAKING
MECHANISM

CRACKER BAKING PERFORMANCE

THE PROCESS IS A PRIMARY CRITICAL FACTOR !!

Cutter Length



CONSTANT & OPTIMUM

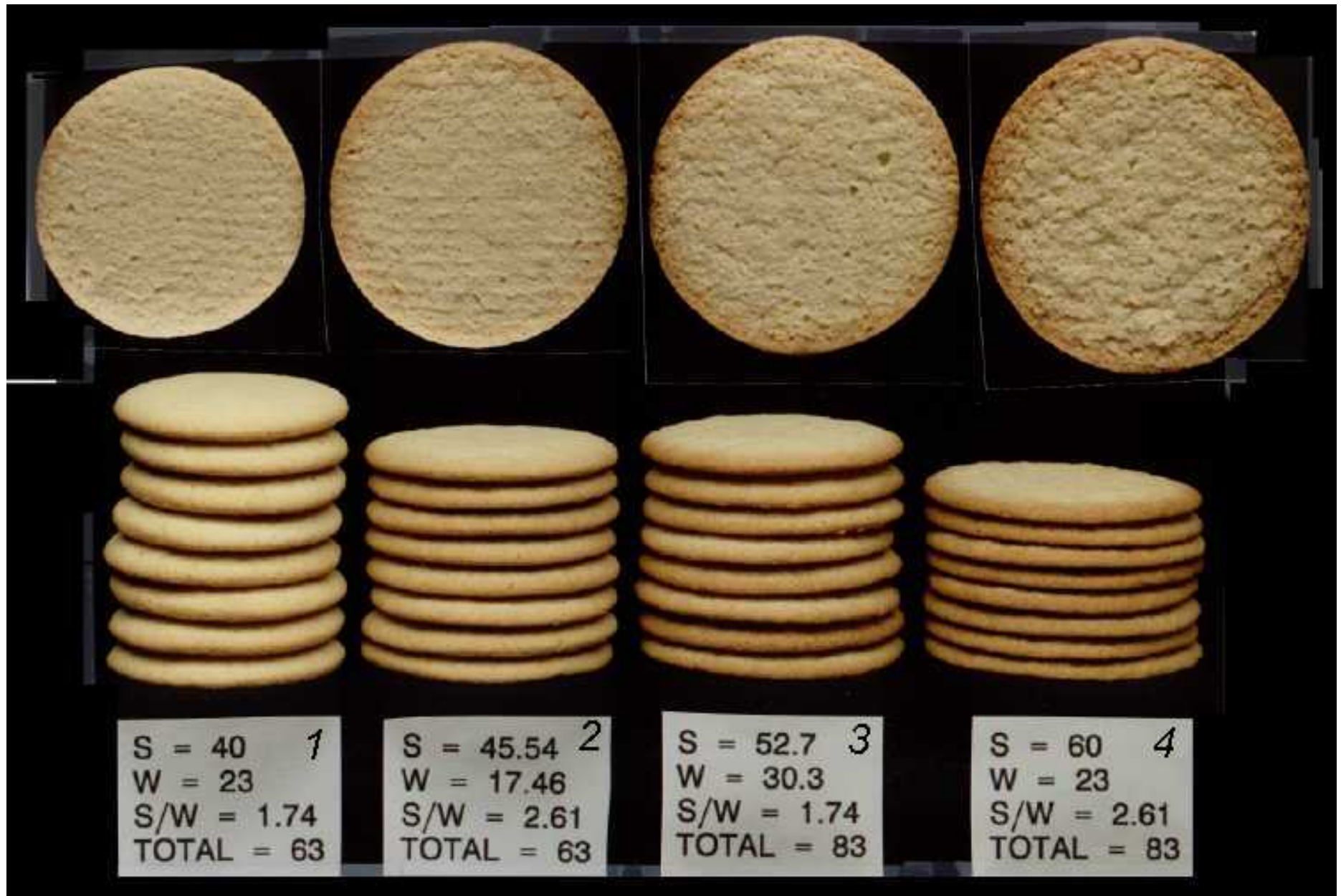
Flour SRC & Alveo
Water temperature
Water level
Sugar level
~ 25%S 33 TS

ONLY VARIABLE
IS MACHINING/
SHEETING ROLL
GAP SETTINGS



STACK HEIGHT IS
DIRECTLY RELATED
TO SNAP-BACK
CONTROLLED BY
UNIAXIAL PULL
ON DOUGH SHEET
CAUSING EXTENSION
OF GLUTENINS

Experimental design: ONLY sugar & water levels varied, from ~ 10-53 Wire-Cut to ~ 10-50D Sugar-Snap



Sucrose conc w/w 63.5%
Dough firmness 240

72.3%
308 firmest


63.5%
94 softest

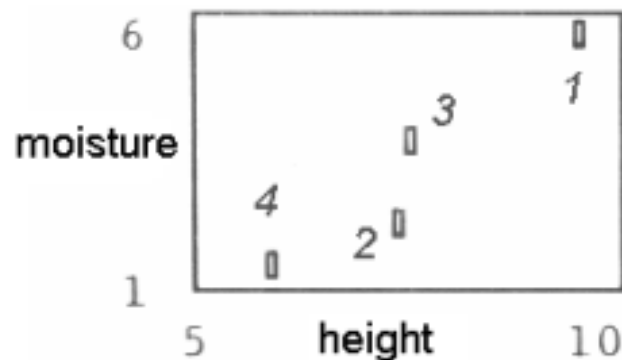
72.3%
156

2 x 2 FACTORIAL DESIGN

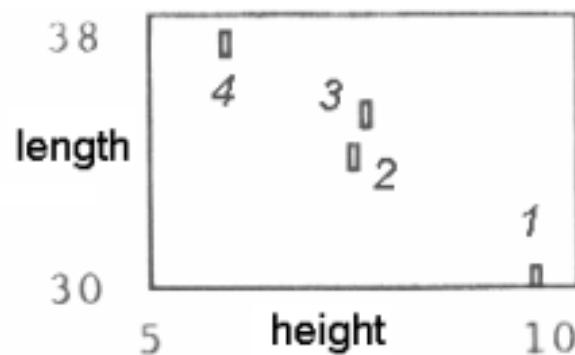
% SUGAR CONCENTRATION vs TOTAL SOLVENT

3 W = 30.3 S = 52.7 LFRA = 94	S/W = 1.74 SW% = 63.5 TS WT = 83	S/W = 2.61 SW% = 72.3 TS WT = 83 Model for Sugar Snap	4 W = 23 S = 60 LFRA = 156
1 W = 23 S = 40 LFRA = 240	S/W = 1.74 SW% = 63.5 TS WT = 63 Model for Wire-Cut	S/W = 2.61 SW% = 72.3 TS WT = 63	2 W = 17.46 S = 45.54 LFRA = 308

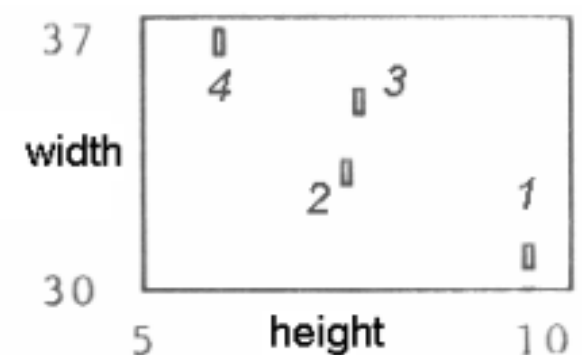

 LFRA increases 3 4 1 2 BUT Diameter increases 1 2 3 4
 Dough firmness does NOT predict product diameter !



All networks retain expansion volume and moisture content during baking.

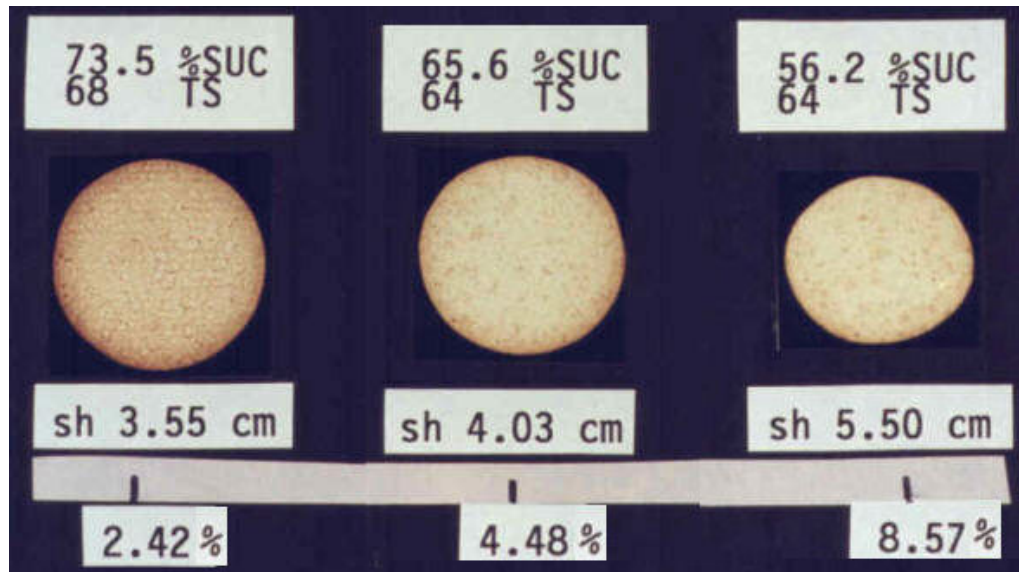


SRC lactic acid predicts snap-back and height creation/retention.



Creep is related more to SRC sucrose & Na carbonate.

MOISTURE LOSS DURING BAKING AND BAKED PRODUCT GEOMETRY DEPEND ON % SUGAR CONCENTRATION & TOTAL SOLVENT AND DETERMINE PACKING EFFICIENCY & SHELF LIFE



FORMULA

ADD CRYSTALLINE SUCROSE
TO MIXING BOWL

PERFECT SYMMETRY → ROUND → SIGNIFICANT SNAP-BACK

HEIGHT OF 4

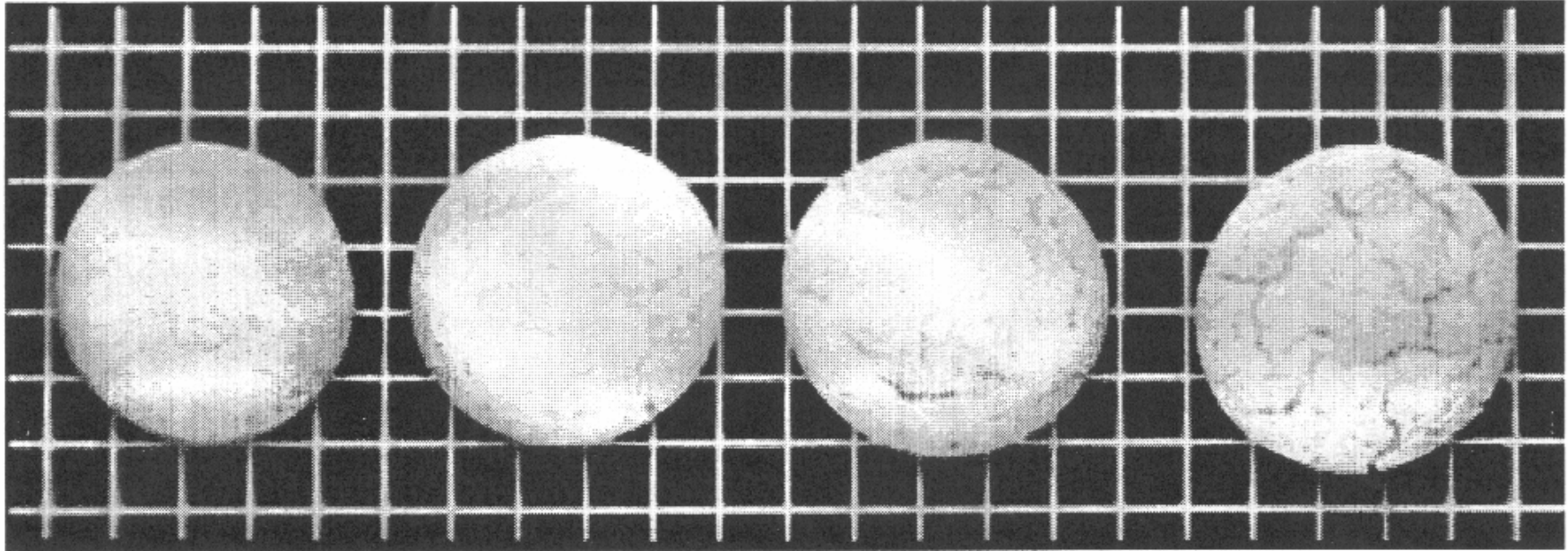
FINAL BAKED MOISTURE CONTENT



USE PREDISSOLVED SUCROSE TO IDENTIFY
EXTENT OF SUGAR DISSOLUTION
DURING MIXING OF STANDARD CONTROL



COLLAPSE AND SURFACE CRACK



0.5

1.0

1.5

2.0

Comparison of cookies with different levels of sodium bicarbonate (lb per flour cwt) using a constant level of acid in the formula to generate corresponding extents of vertical expansion during baking, in order to demonstrate that the cause of cookie surface crack is COLLAPSE, not sugar recrystallization nor surface drying.

EFFECT OF SUGAR TYPE: AACC 10-50D

SUGAR SNAP COOKIE BAKING \Rightarrow *VERY HIGH %S* *

Perfect Symmetry



No gluten development
during mixing

Small width



Starch gelatinization/
pasting during baking

Asymmetry $L \ll W$



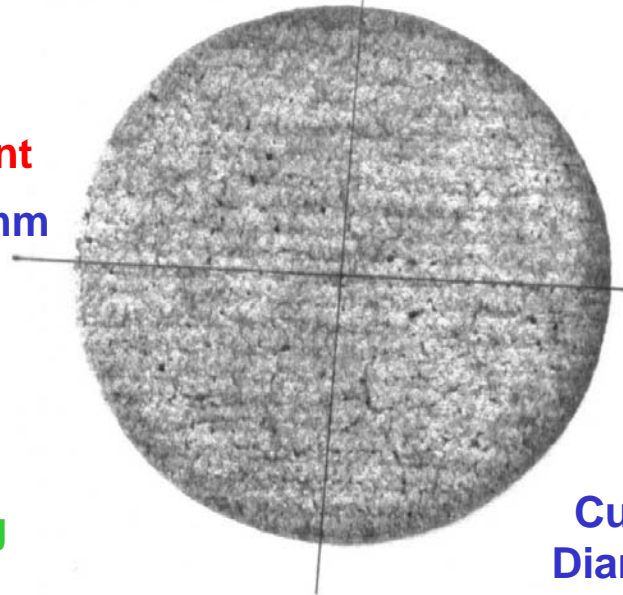
Gluten development
during mixing

\rightarrow Snap-back

* *Very high %S*
(sugar concentration)
to exaggerate
sugar functionality

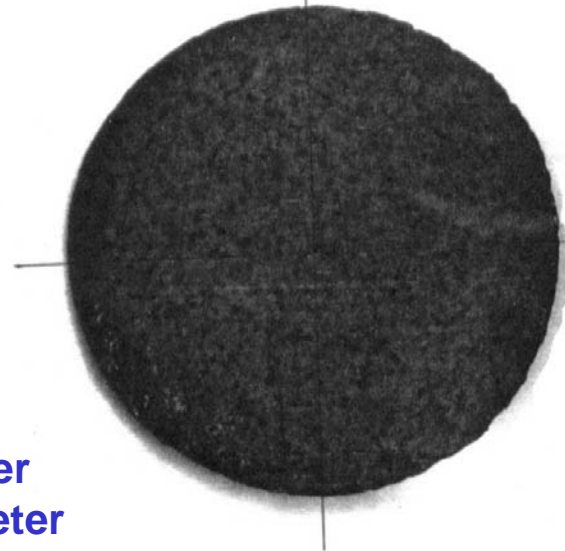
SUCROSE

85 mm



77 mm

FRUCTOSE

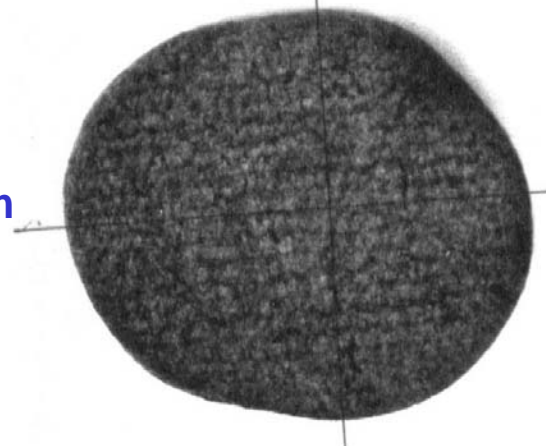


77 mm

Cutter
Diameter
60 mm

GLUCOSE · H₂O

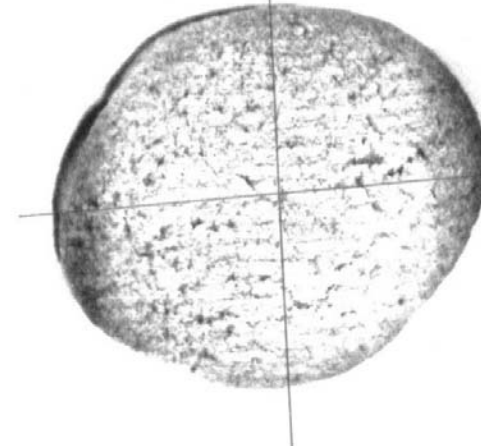
65 mm



74 mm

XYLOSE

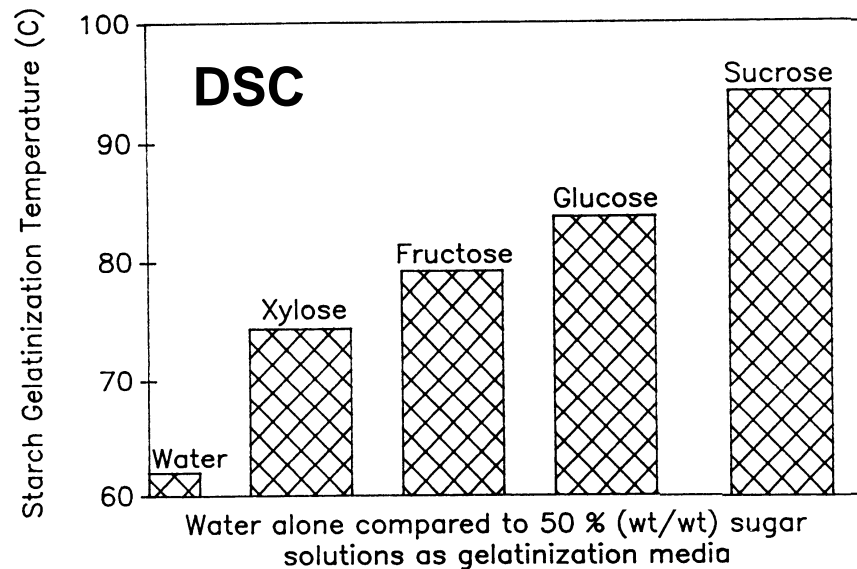
60 mm



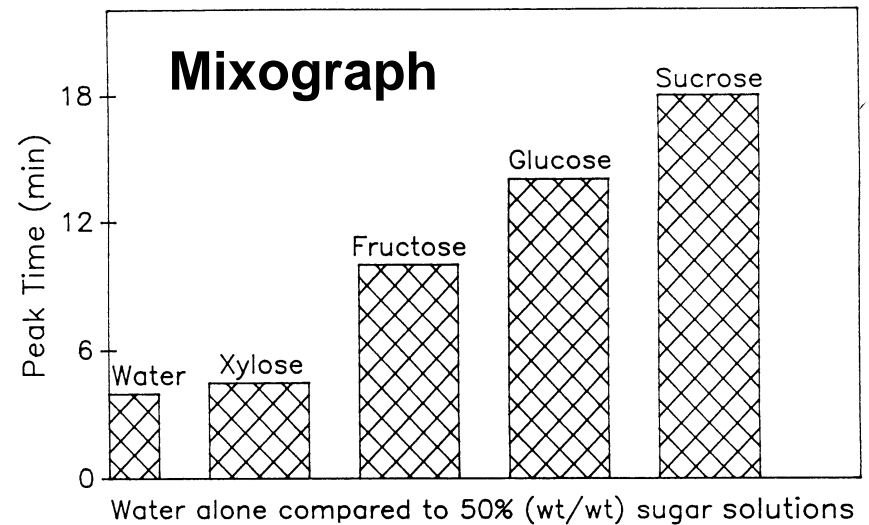
67 mm

Effect of sugar type at constant concentration

on starch during baking



on gluten during mixing



EFFECT OF SUGAR PARTICLE SIZE:

AACC 10-50D SUGAR SNAP COOKIE BAKING \Rightarrow *VERY HIGH %S* *

Same flour, same formula, same process

Sucrose ONLY \longrightarrow same solubility in water

So baking performance is ONLY effect of sugar particle size

Larger particle size delays sugar dissolution during mixing **AND EVEN during baking !!!!**

\longrightarrow **Greater starch gelatinization/pasting \longrightarrow smaller cookie size**

BUT sugar snap formula \longrightarrow %S great enough to prevent gluten development during mixing

\longrightarrow **Danger = learn about sugar functionality, NOT flour functionality with 10-50D**



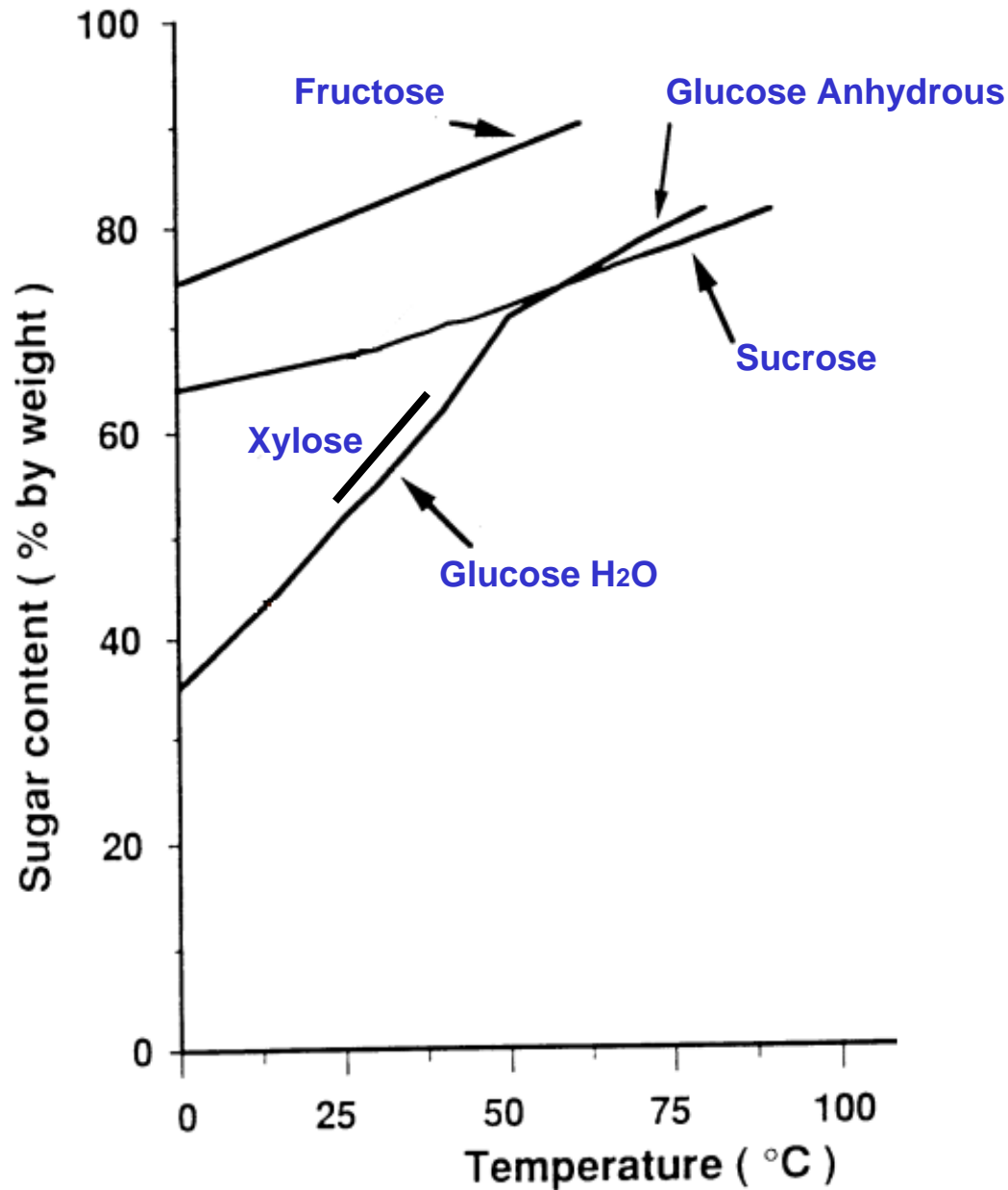
MEDIUM

EXTRA FINE

BAKER'S SPECIAL

* *Very high %S* (sugar concentration) to exaggerate *sugar* functionality

EQUILIBRIUM **EXTENT** OF SUGAR DISSOLUTION = SOLUBILITY
DEPENDS ONLY ON TEMPERATURE AND SUGAR TYPE

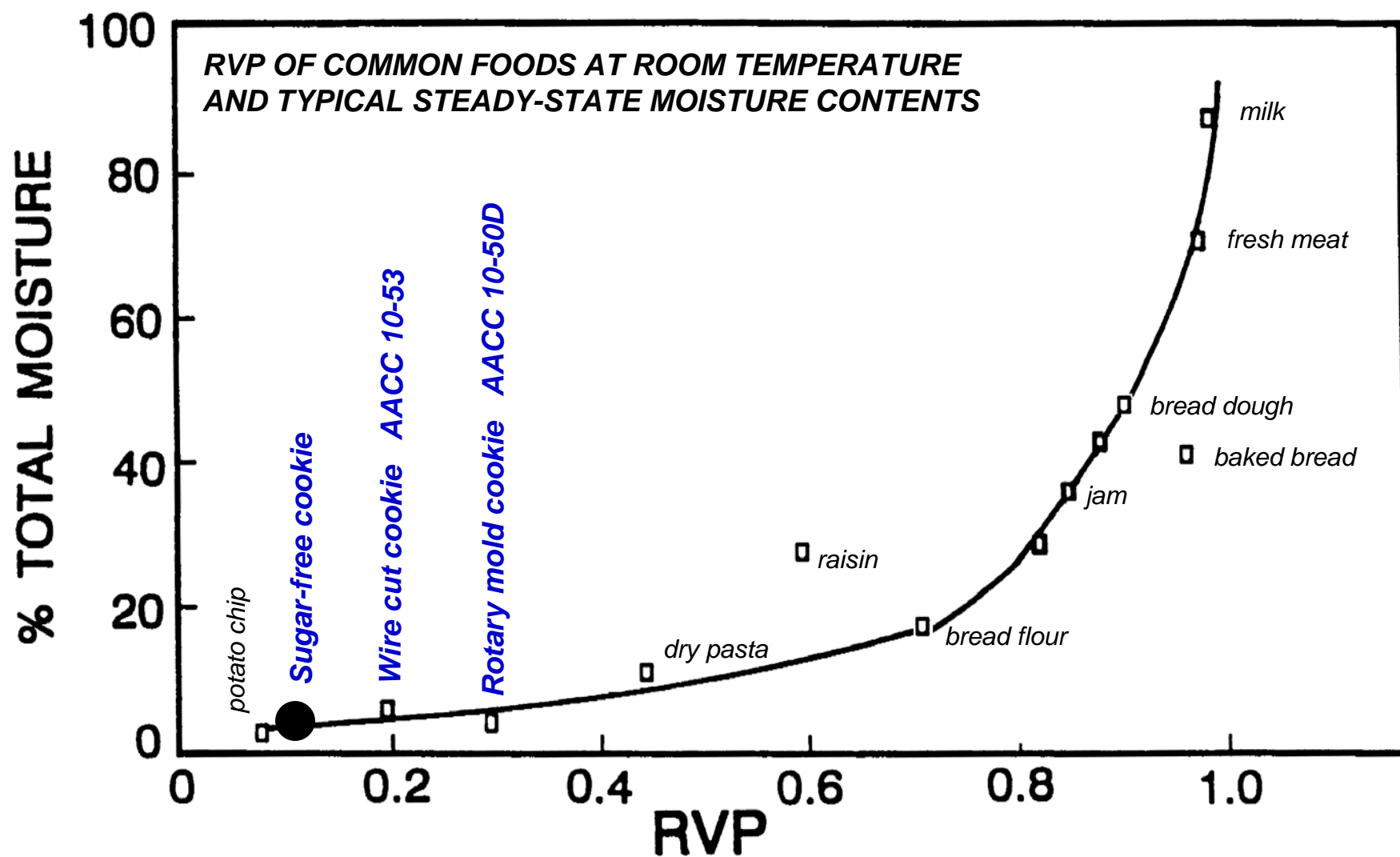


BUT **RATE**
OF SUGAR DISSOLUTION
DEPENDS ON SOLUBILITY
AND PARTICLE SIZE

PARTICLE SIZE
IN THIS EXPERIMENT

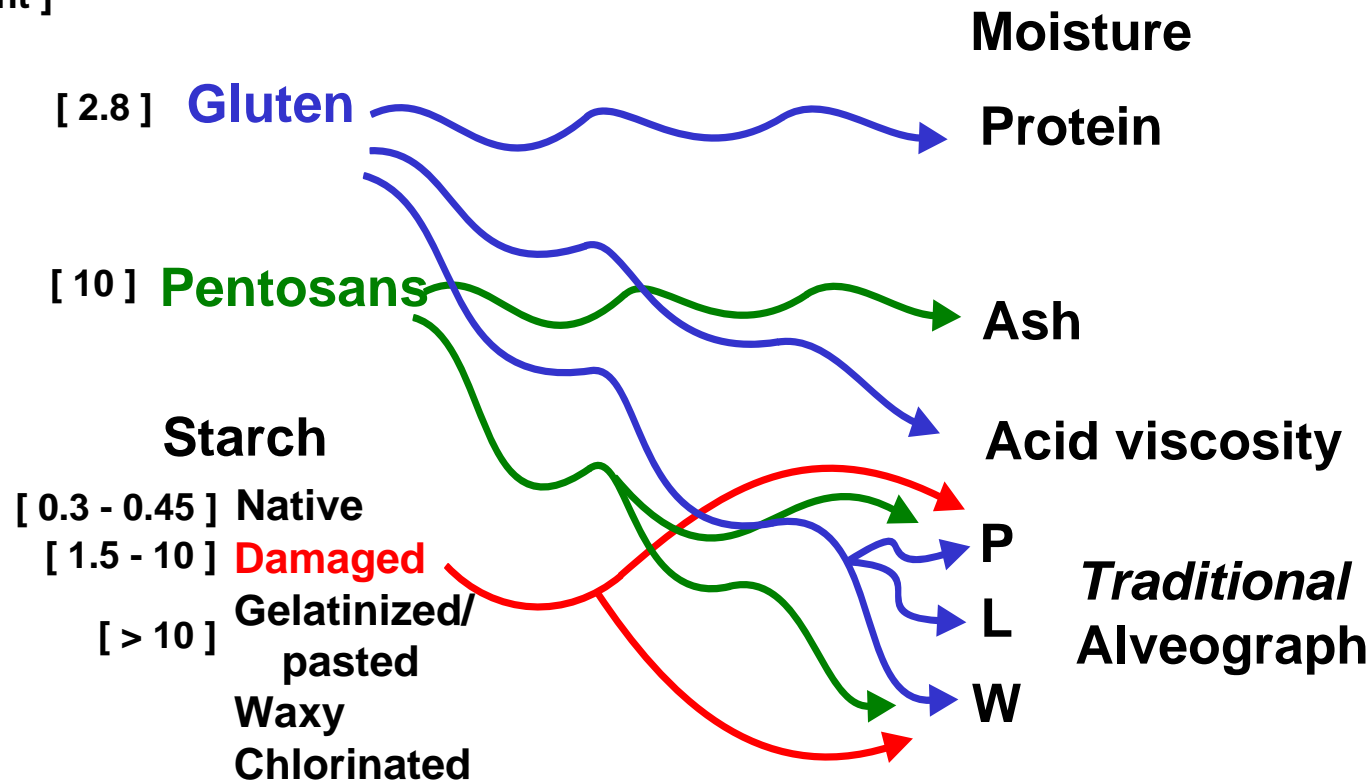
S > F >> G & X

PRODUCT RELATIVE HUMIDITY VALUES FOR HIGH QUALITY COOKIES WITH EXTENDED SHELF LIFE DEPEND ON FORMULATION %S & TS AND MOISTURE LOSS DURING BAKING



LINK FUNCTIONAL COMPONENTS TO FLOUR SPECIFICATIONS?

[WHC ~ SRC water
g H₂O / g dry
Component]



BUT

Protein

[2.8] Gluten vs Nongluten [negligible]

Gliadins vs Glutenins

rye gene translocation ?

Film-formers, NOT networks

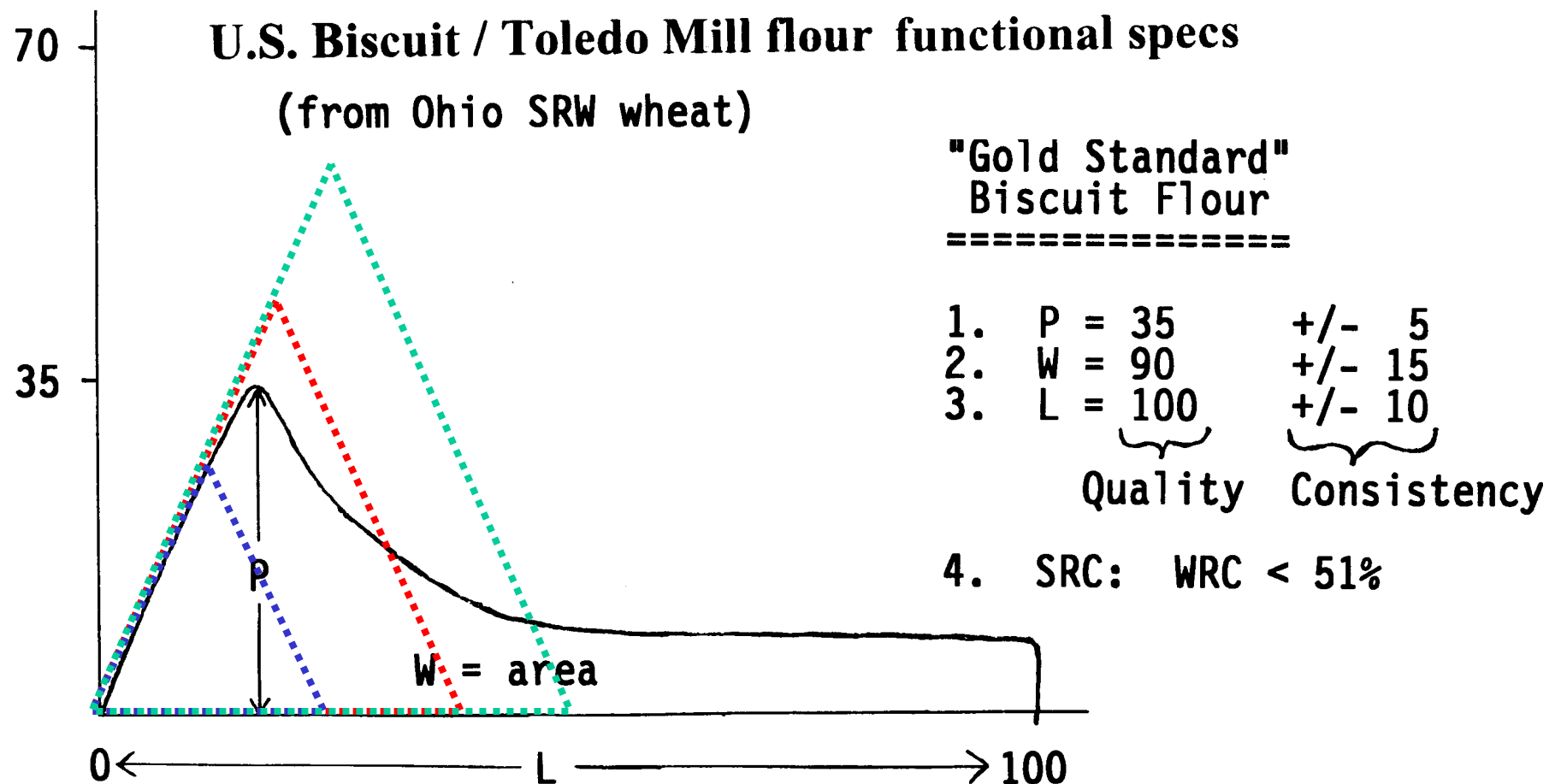
Network-formers

Pentosans \neq Ash

Visualize a triangle for rationale in following slides:

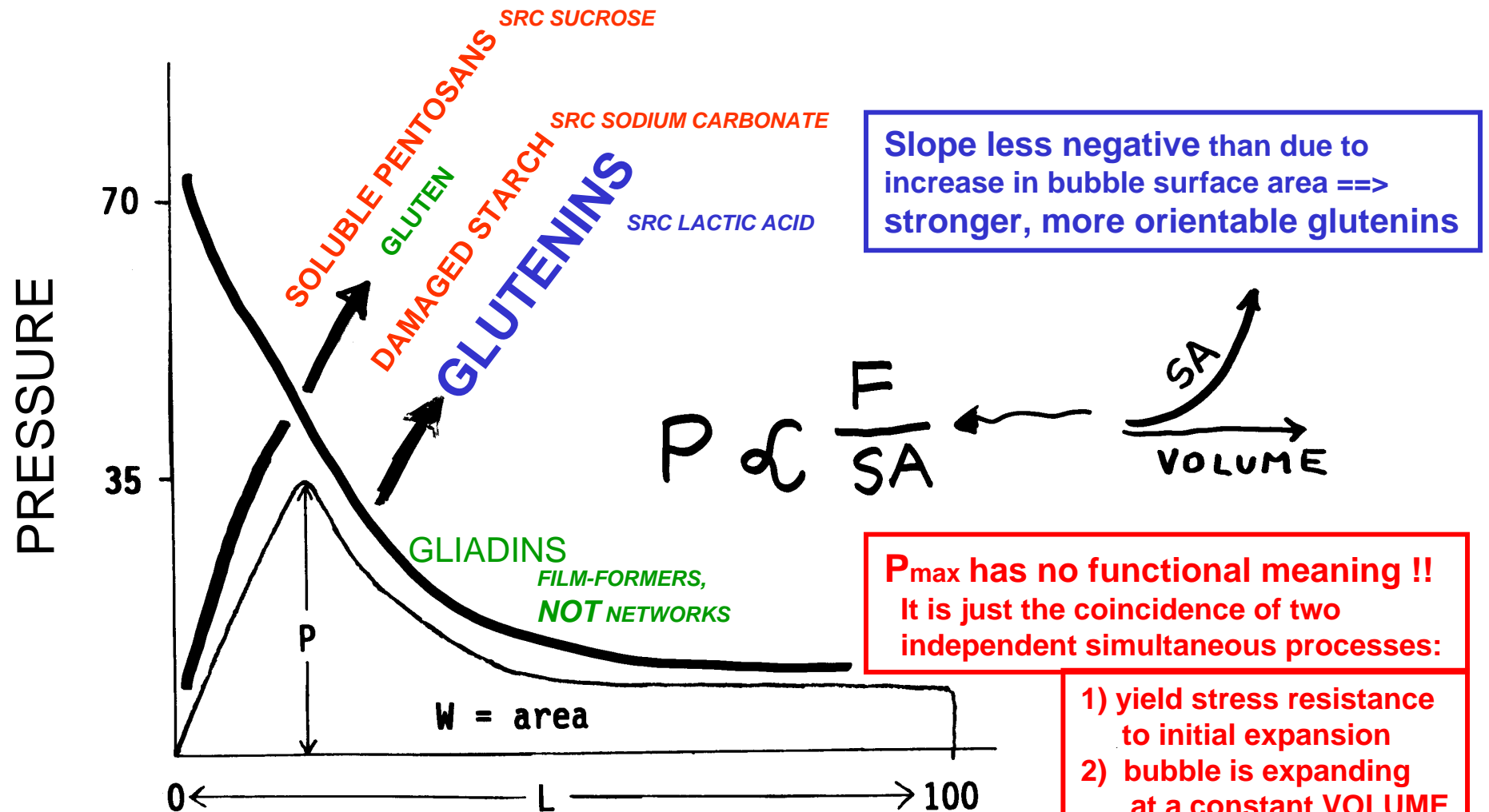
the greater the Pmax, the greater the L at Pmax, so we are looking for effects beyond that simple result of the geometry of the alveogram shape.

Idealized Alveograph profile --



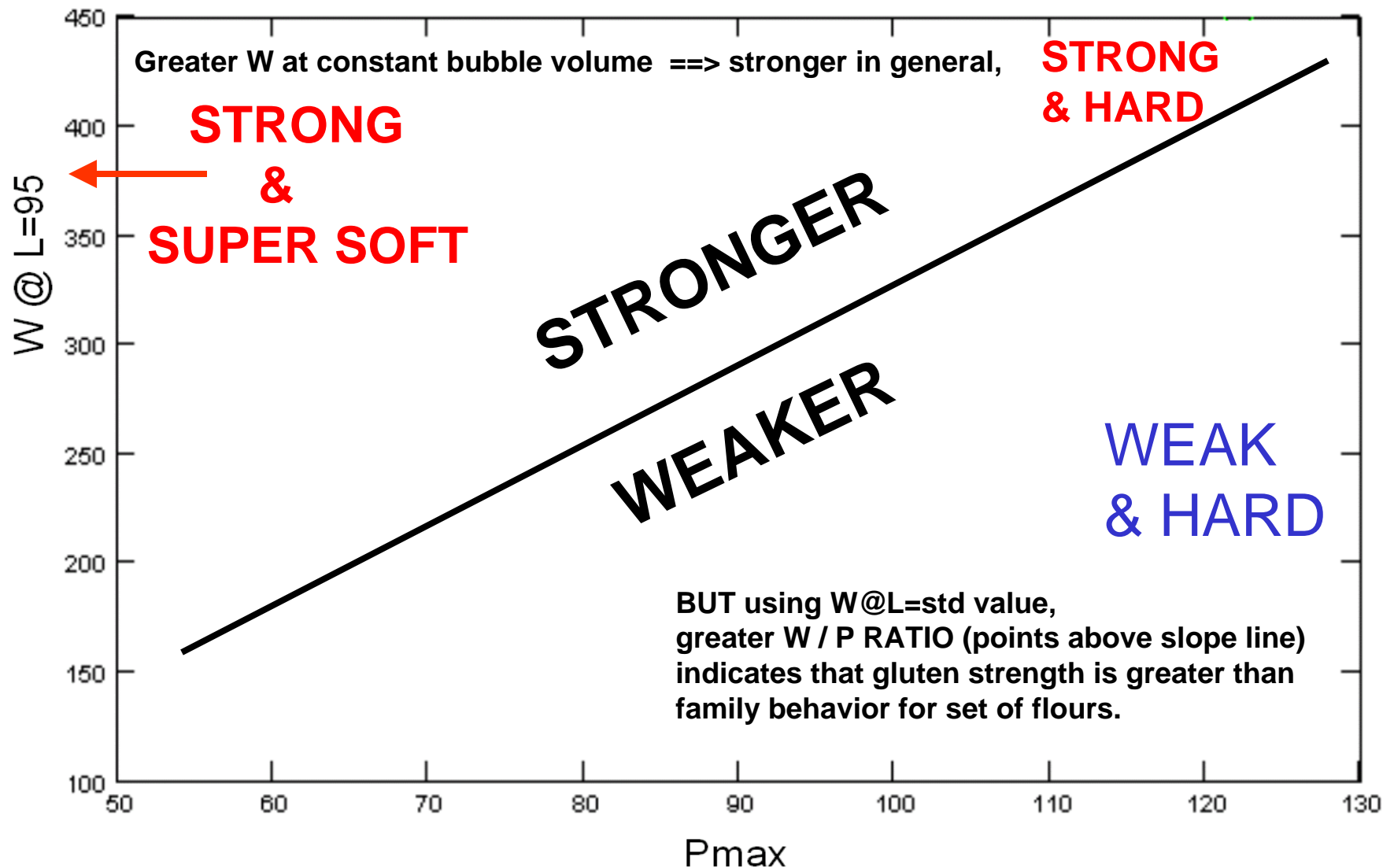
WHAT DO WE LOOK FOR IN THE ALVEOGRAM ?

LOCATE CONTRIBUTIONS DURING BUBBLE EXPANSION FROM FLOUR FUNCTIONAL COMPONENTS



TIME OF BUBBLE EXPANSION => BUBBLE VOLUME
1 sec = 5.5 mm of L and 1 mm of L = 5.0505 cc of air

W AT STANDARD L VALUE vs P_{\max}
STANDARD BUBBLE VOLUME CALCULATED AT STANDARD L VALUE
FOR L=95 BUBBLE VOLUME ~ 480cc

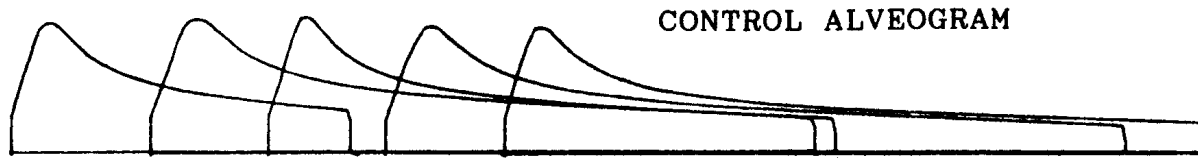


ROLE OF PEN ENZYME IN FLOUR FUNCTIONALITY

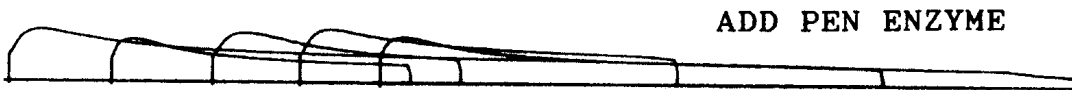
EFFECT OF PEN WATER COMPENSATION

[Slade and Levine (1993h)]

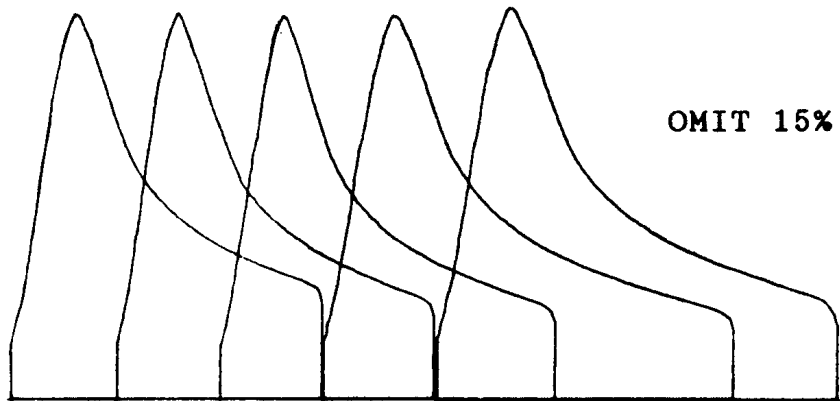
OHIO SRW-BASED FLOUR



P = 28 *
L = 116
W = 83 *



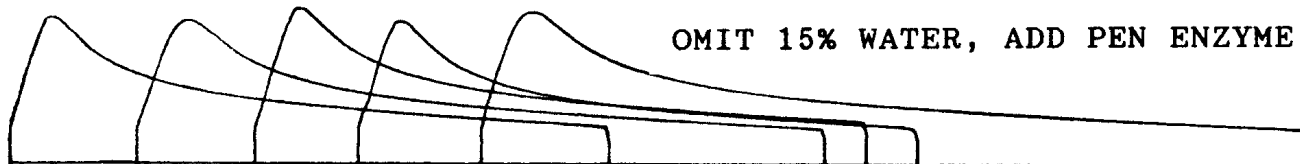
P = 10 *
L = 96
W = 35 *



OMIT 15% WATER, NO PEN ENZYME

P = 82
L = 72
W = 161

**SO
NOT A
STRONG
FLOUR**



OMIT 15% WATER, ADD PEN ENZYME

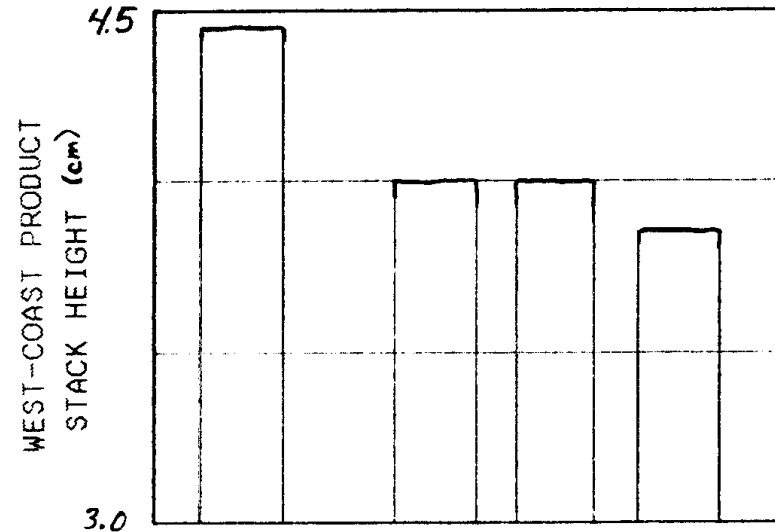
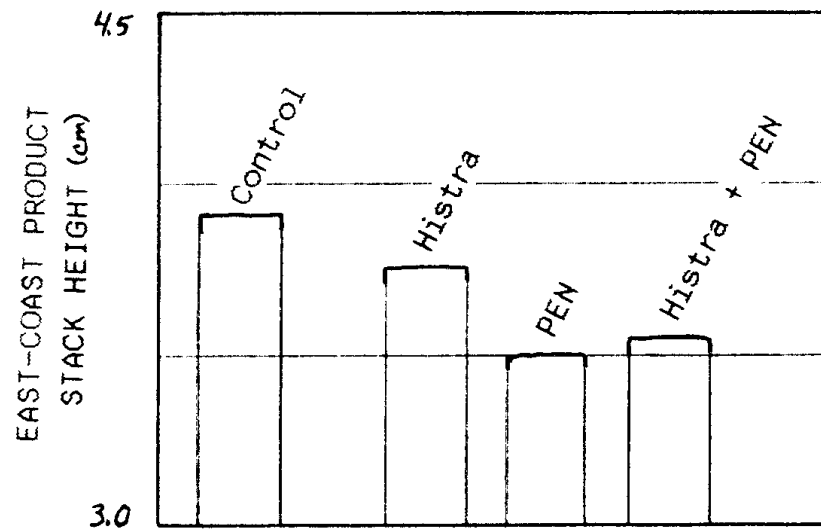
P = 31
L = 129
W = 107

MODIFICATION OF FLOUR FUNCTIONALITY BY ADDITION OF ENZYMES TO A COOKIE DOUGH

HISTRA = α -AMYLASE

PEN = PENTOSANASE (WS AXase)

EFFECT OF ENZYMES ON STACK HEIGHT OF
MODEL WIRE-CUT (AACC 10-53) COOKIES



[Slade and Levine (1993h)]

POSSIBLE ACTIONS - PNW SW CLUB-BASED FLOUR + PEN & HISTRA
REPLACE PNW SWC BY INTERMOUNTAIN SW

HOW CAN THE TRADITIONAL ALVEOGRAM CAUSE CONFUSION FOR RUNNING A MILL AND SATISFYING CUSTOMERS ?

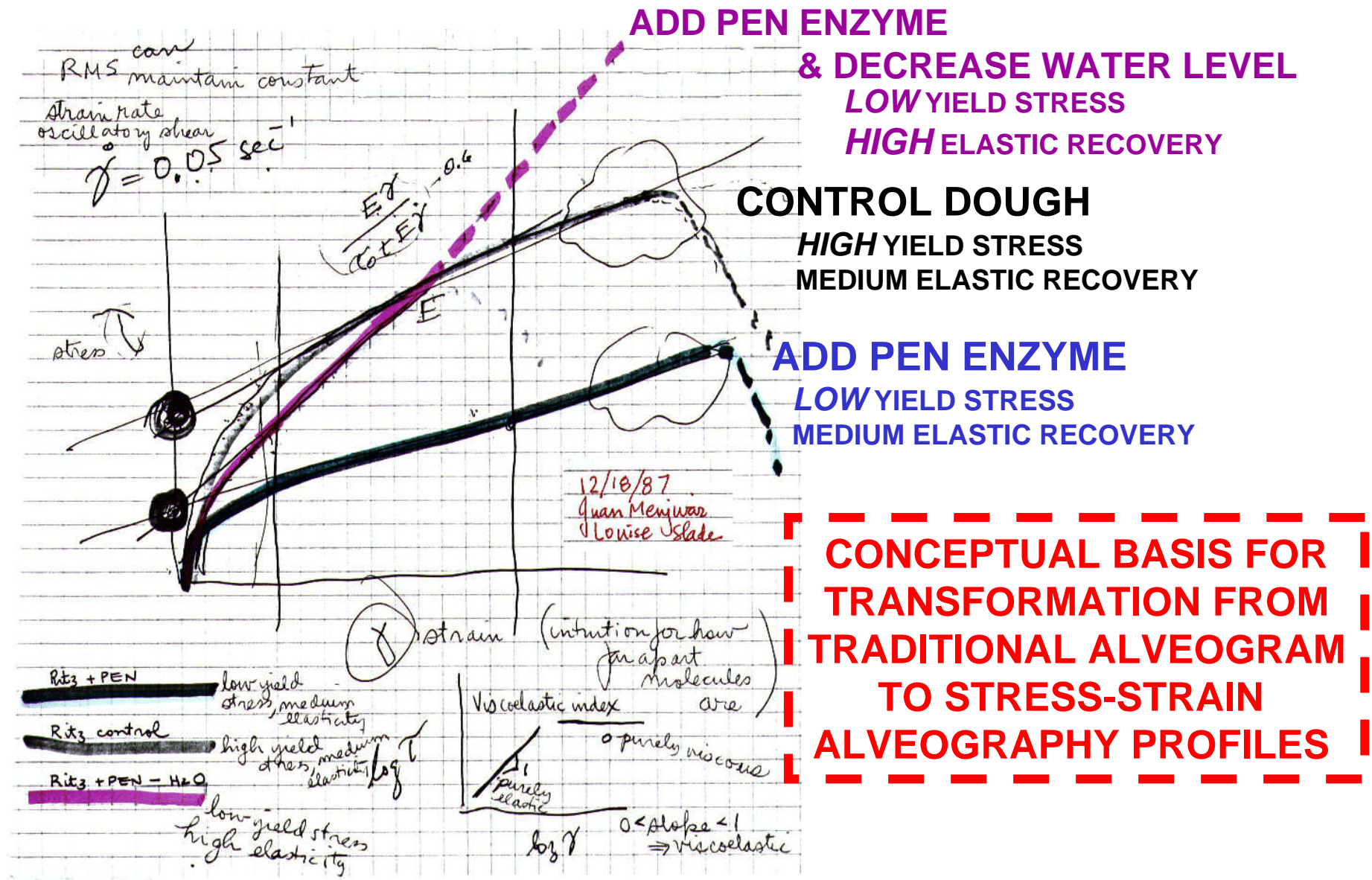
VERY DIFFERENT BISCUIT FLOURS CAN BE MILLED FROM VARYING WHEAT BLENDS,

BUT THEY CAN HAVE THE SAME P_{\max} AND SRC H₂O (or AWRC) VALUES

% 25R26	P	SRC H ₂ O	SRC LA	P GLUTEN	SRC NaC	P DAM ST	SRC Suc	P SOL PENT
10	36	53	80	9	70	12	98	15
15	36	53	85	12	70	12	93	12
20	36	53	90	15	65	9	93	12
25	36	53	95	18	65	9	88	9

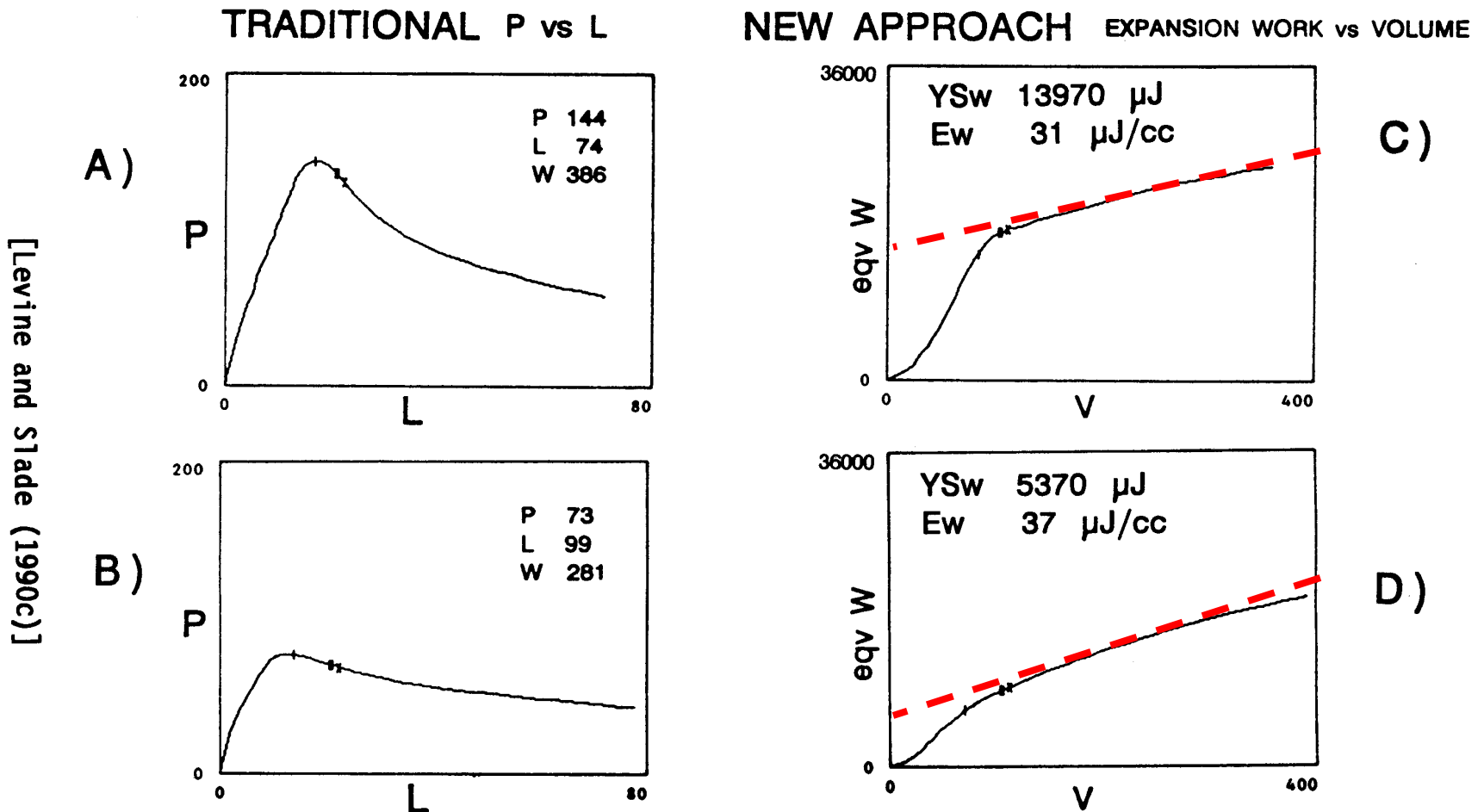
SO, THE SAME ALVEOGRAPH P_{\max} VALUE CAN BE MEASURED FOR 4 FLOURS
WITH VERY DIFFERENT PERFORMANCE FOR
PROCESSIBILITY, PRODUCT QUALITY, BREAKAGE, AND SHELF LIFE !

EFFECT OF PENTOSANASE (WS-AXase) ON FLOUR FUNCTIONALITY IN A SNACK CRACKER DOUGH --- "TRUE" RHEOLOGY RHEOMETRICS MECHANICAL SPECTROMETER STRESS-STRAIN PROFILES



If we had analog alveograms to digitize, or better digital alveograms than the AlveoLink provides, we could transform the P vs L profiles to Equivalent Work vs Volume

A NEW WAY TO LOOK AT ALVEOGRAMS



A and B) Traditional alveograph P vs. L curves for two samples of hard wheat flour with significantly different pentosan contents but equal gluten contents;
C and D) the conversion to corresponding plots of equivalent expansion work vs. bubble volume for the respective alveograph data in parts A and B.

Separate parameters analogous to yield stress, in units of μJ , and to elasticity, in units of $\mu\text{J}/\text{cc}$, are obtained from the intercept and slope, respectively, of the notional stress-strain curves in parts C and D.

AACC 56-11 SRC

4 STANDARD DIAGNOSTIC SOLVENTS
USED AT 5X EXCESS TO
AVOID KINETIC EFFECTS

==> CAN NOT
COMPARE TO
RHEOLOGICAL
METHODS

Reference
(all components to varying extents)

**Deionized
Water**
 $\leq 51\%$

exaggerate

exaggerate

5% Lactic acid
 $\geq 87\%$

Glutenins

67% Chlorinated Ohio SRW
& RyeGT Ohio SRW
177% Can HRS

Flour **Performance**
pattern of SRC values
appropriate for end-use

exaggerate

**5% Sodium
Carbonate**
 $\leq 64\%$

Damaged starch

64% Ohio SRW
123% Can patent durum

50% Sucrose
 $\leq 89\%$

Pentosans

86% Ont SWW
126% Can HRS &
Can patent durum

Flour **Conformance**
lot-to-lot *variation*
in SRC values

Interpretation of the Results

Flour Performance

- related to **pattern of SRC values** for different end-use applications

	SRC (%)			
	Water	Lactic acid (glutenins)	Sodium carbonate (damaged starch)	Sucrose (pentosans)
Good cookie flour	$\leq 51\%$	$\geq 87\%$	$\leq 64\%$	$\leq 89\%$
	$\pm 0.5\%$	$\pm 1\%$	$\pm 0.5\%$	$\pm 1\%$
Good flour for sponge and dough system	$\leq 57\%$	$\geq 100\%$	$\leq 72\%$	$\leq 96\%$

Flour Conformance

- related to variation of SRC values from lot to lot

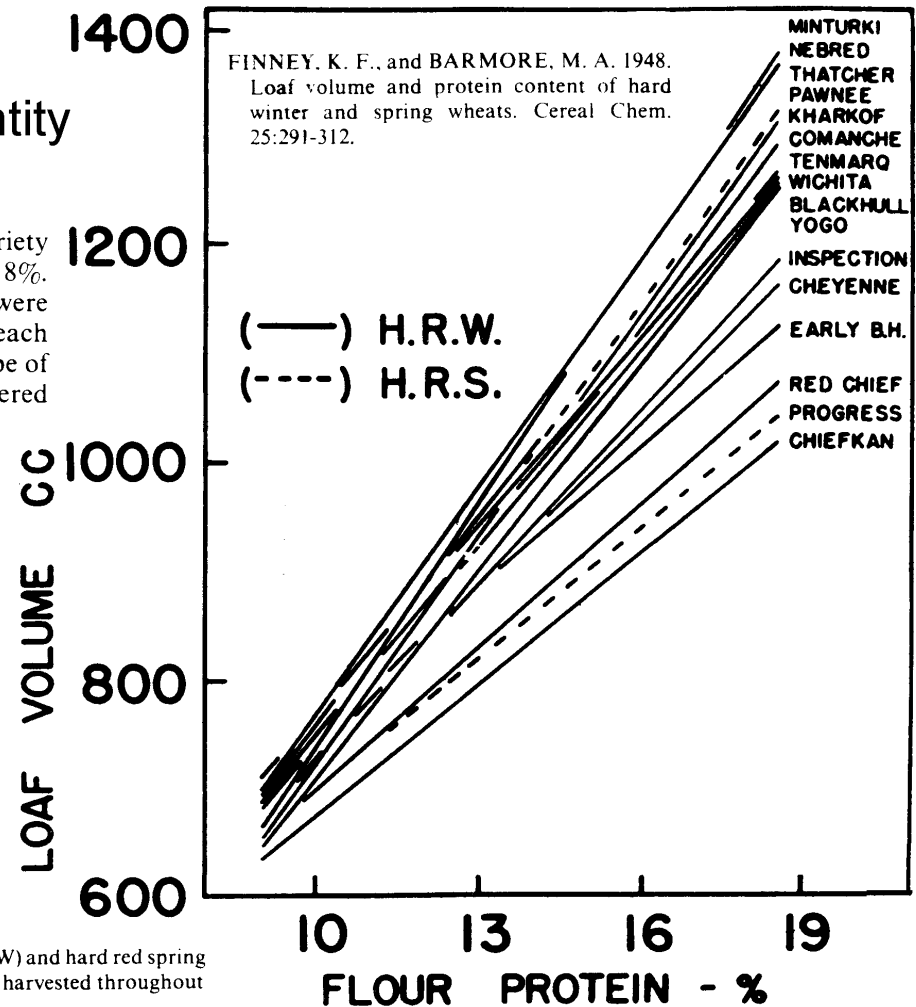
WHEN FLOUR IS MILLED FROM AN UNIDENTIFIED BLEND OF WHEAT VARIETIES, THERE IS NO RELATIONSHIP BETWEEN PROTEIN CONTENT AND FLOUR PERFORMANCE.

EVEN FOR A SINGLE WHEAT, MILLED TO DIFFERENT EXTENTS OF EXTRACTION, THERE IS NO RELATIONSHIP BETWEEN PROTEIN CONTENT AND FLOUR PERFORMANCE.

Flour Protein Quality - Not Quantity

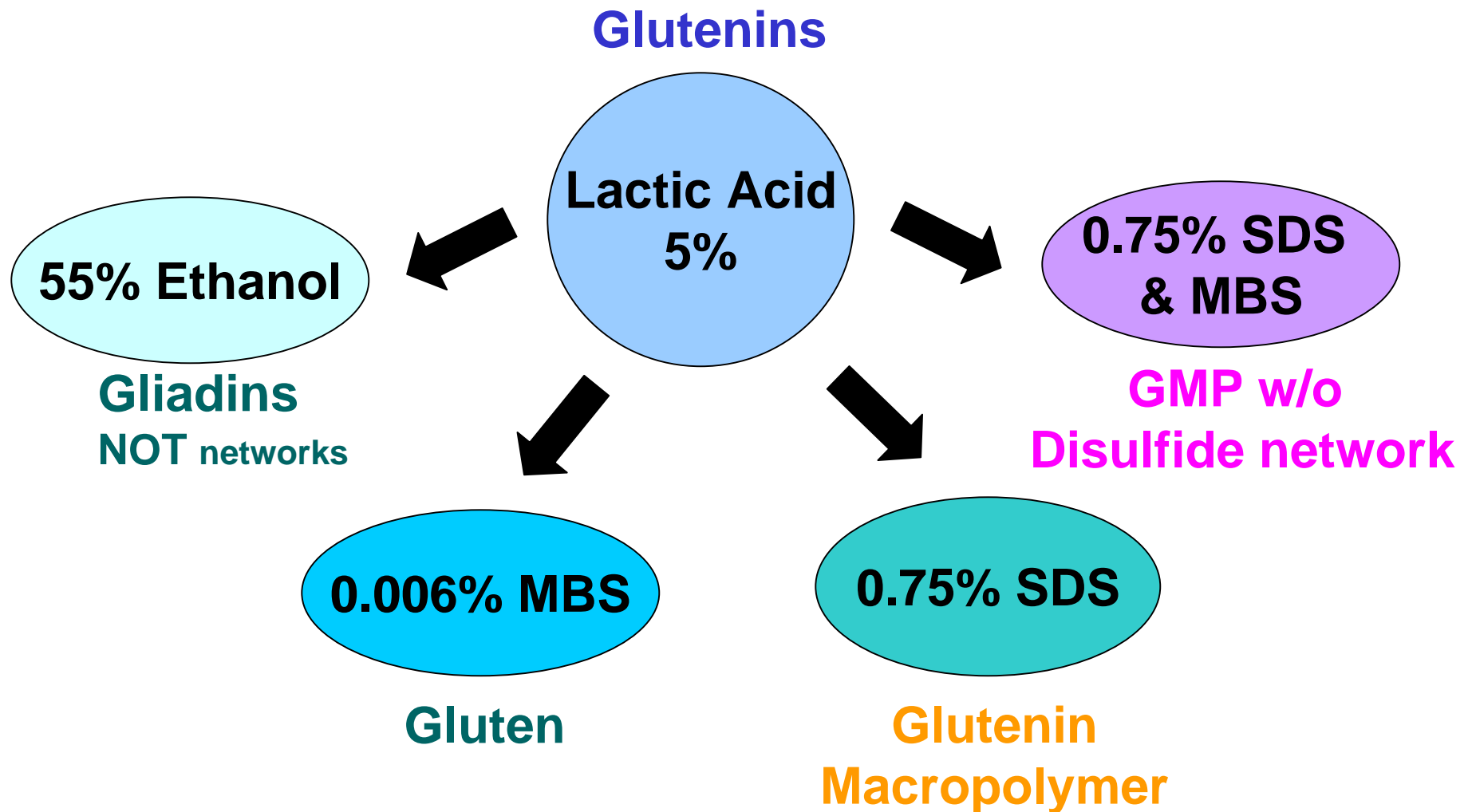
The relation between loaf volume and flour protein for each variety was linear within the limits of protein encountered, approximately 8.5–18%. Regression lines for loaf volume versus protein content for any variety were similar for four crop years, indicating that the bread-baking quality of each variety was essentially the same in different years. Again, the level and slope of the regression lines for loaf volume on protein content for the varieties differed significantly, indicating differences between varieties in protein quality.

AT A GIVEN PROTEIN CONTENT, FLOUR PERFORMANCE CANNOT BE PREDICTED FROM WHEAT TYPE, WHEN COMPARING HRW TO HRS WHEAT FLOURS.

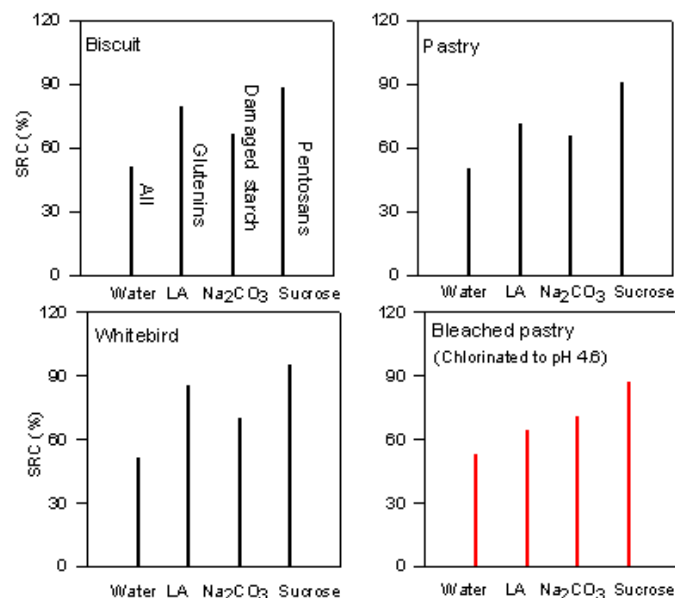


Loaf volume-protein content regression lines for hard red winter (HRW) and hard red spring (HRS) wheat varieties. Each variety regression line represents many samples harvested throughout the Great Plains during several crop years.

Supplemental Diagnostic Solvents



FLOUR FUNCTIONALITY = PATTERN OF SRC VALUES



BAKING PERFORMANCE = PATTERN OF FORMULA, PROCESS, AND PRODUCT (geometry, topography, color, pH, texture, shelflife)

*Except when starch pasting is PREDOMINANT feature of baking performance !
Chlorinated and waxy starches*

SRC PATTERNS

Predict

BAKING PATTERNS

SRC				Sample	Baking	AACC 10-53 Wirecut		
Water	Lactic Acid	Sodium carbonate	Sucrose		Wt.loss (%)	Length (cm)	Width (cm)	Height (cm)
51.3	79.7	66.1	88.3	Biscuit	14.9	33.9	33.9	3.5
50.4	71.3	65.9	90.7	Pastry	14.3	33.4	33.5	3.7
51.0	85.2	70.1	94.8	Whitebird	13.7	32.0	31.8	4.0
52.8	63.9	70.4	87.0	Bleached pH 4.6 Pastry	11.6	28.3	28.3	5.3

COOKIE vs CRACKER BAKING --

***THAT'S* THE DIFFERENCE !**

Sladel@optonline.net

Levineharry@optonline.net

Kweon.11@osu.edu

Diane.Gannon@kraft.com